



THE HUNTINGTON HEART CENTER

172 EAST MAIN STREET • HUNTINGTON, N.Y. 11743

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Low Level Stress Test Instructions

Dr. Patcha

Dr. Papaleo

Dr. Polena

Dr. Davis

Dr. Moretta

Appointment Date: _____ Time: _____

1. **NO** caffeine the day of the test
- This includes coffee, decaf coffee, soda, chocolate, tea, decaf & herbal tea
2. Do **NOT** eat solid food 2 hours prior to the test
3. Take your medications as usual
4. Wear loose comfortable clothing and sneakers or rubber soled shoes
5. Do not use body lotions or oils on your chest the day of the test
6. If your test was ordered by your primary doctor you must bring a written prescription for the test

