



# THE HUNTINGTON HEART CENTER

172 EAST MAIN STREET • HUNTINGTON, N.Y. 11743

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## ABI INSTRUCTIONS

Your doctor has ordered an Ankle Brachial Index test to screen for peripheral vascular disease & blockages in the arteries of the legs.

- Men must wear shorts and a short sleeve shirt
- Women must wear shorts/skirt and a short sleeve shirt
- Wear sneakers or rubber soled shoes since you will walk on the treadmill for a short time
- Take your medications as usual
- This test will take about 45 minutes to an hour

Appointment Date: \_\_\_\_\_ @ \_\_\_\_\_

