



THE HUNTINGTON HEART CENTER

172 EAST MAIN STREET • HUNTINGTON, N.Y. 11743

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HOLTER MONITOR INSTRUCTIONS

Your doctor has ordered a 24 hour or a 48 hour holter monitor for you.

The monitor will automatically turn off after the prescribed time and you must return the monitor 24 hours after the test is complete. If the monitor was given to you on a Friday, it can be returned on Monday. If it is given to you the day before a holiday, you can return it the following day.

There is a daily charge incurred if you do not return the monitor when we expect it to be back in the office. If you break it or damage the monitor you will be held responsible to pay for either its damage or replacement.

- Take a shower the morning of your appointment and no oil or lotion on your chest please.
- The monitor **CANNOT** get wet, therefore you can't bathe or shower or go in the pool or Jacuzzi
- You can go through your normal activities and take your daily medications

Appointment Date: _____

Must be returned on: _____

Patient Name (PLEASE PRINT): _____

Patient Signature: _____

