



THE HUNTINGTON HEART CENTER

172 EAST MAIN STREET • HUNTINGTON, N.Y. 11743

Tel: (631) 385-0022 • Fax: (631) 385-0896

APPOINTMENT DATE: _____ TIME: _____

PET SCAN

Purpose of Procedure: This test is a diagnostic test used to evaluate chest pain, shortness of breath & to detect the presence of early heart disease. Also, to assess your functional capacity or to update the status of your coronary circulation following a cardiac event.

Procedure: You will receive an intravenous injection of Rubidium 82, a radioactive tracer that identifies areas of decreased blood flow to the heart muscle. The intravenous started in your arm will be used throughout the test, which takes approximately 1½ hours. You will be connected to a stress monitor for a series of EKGs to be taken. You will be administered a substance called Persantine or Lexiscan which will allow us to see how your heart would function during stress

INSTRUCTIONS

1. NO CAFFEINE FOR 24 HOURS PRIOR TO THE TEST

- This includes COFFEE, DECAF COFFEE, SODA, CHOCOLATE, TEA, DECAF TEA & HERBAL TEA
- Also refrain from any caffeinated medications such as EXCEDRIN

2. NO SOLID FOOD 6 HOURS PRIOR TO THE TEST

3. YOU CAN TAKE ALL MEDICATIONS PRIOR TO THE TEST

4. DIABETICS:

- Eat 2 hours prior to the test
- INSULIN DEPENDENT patients take ½ your usual dose
- NON INSULIN DEPENDENT patients take your medications as directed

5. CLOTHING:

- Wear loose comfortable clothing with NO metal, zippers or buttons from the waist up (chest area)
- Short sleeves are preferred
- Remove ALL jewelry
- Females will be asked to remove their bras for the entire test, this includes sports bras
- Bring a sweater or sweatshirt with no zippers, metal or buttons. The department is kept cool

**** IF YOU CANNOT MAKE THE TEST, WE ASK THAT WE RECEIVE 24 HOURS NOTICE OR YOU WILL BE CHARGED \$500 FOR THE LATE CANCELLATION NOTICE ****

