



# THE HUNTINGTON HEART CENTER

172 EAST MAIN STREET • HUNTINGTON, N.Y. 11743

Tel: (631) 385-0022 • Fax: (631) 385-0896

## STRESS TEST & STRESS ECHO INSTRUCTIONS

Dr. Raj Patcha    Dr. Marco Papaleo    Dr. Sotir Polena    Dr. Adam Davis    Dr. Antonio Moretta

Appointment Date: \_\_\_\_\_ @ \_\_\_\_\_ AM / PM

Do NOT eat solid food 2 hours prior to the test

Wear loose comfortable clothing and sneakers or rubber-soled shoes

Do not use body lotions or oils on your chest the day of the test

Do NOT take any beta-blockers the day of the test

### BETA-BLOCKERS

Atenolol	Coreg	Normodyne	Trandate
Acebutolol	Inderal	Penbutalol	Visken
Betaxolol	Inno Pran XL	Pindolol	Zebata
Bisoprolol	Kerlone	Propranolol	Ziac
Biocadren	Labetalol	Sectral	
Breviblock	Levatol	Tenoretic	
Bystolic	Lopressor	Tenormin	
Carvedilol	Metoprolol	Timolol	
Chlorthalidone	Nebivolol	Toprol	

**\*\*If your test was ordered by your primary doctor, you MUST bring a written prescription for the test\*\***

