



THE HUNTINGTON HEART CENTER

172 EAST MAIN STREET • HUNTINGTON, N.Y. 11743

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T-WAVE ALTERNANS INSTRUCTIONS

- Your doctor has ordered this test to determine if you have a potential for problematic arrhythmias
- Take your medications EXCEPT for Toprol, Metoprolol, Atenolol, Lopressor or Coreg
- No lotion on chest
- Wear comfortable shoes or sneakers as you will be walking on a treadmill
- Do not eat for 1-2 hours prior to the test

Your appointment is: _____

